

PHASE DIETS®

# After BURNER™

VITAMINS  
MINERALS  
AMINO ACIDS  
PLANT EXTRACTS

ENERGY

FORMULA

45 CAPSULES  
DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 capsule  
Servings Per Container 45

Amount Per Serving	% Daily Value	
Vitamin B3 (as niacinamide)	10 mg	50%
Vitamin B12 (cyanocobalamin)	50 mcg	830%
Chromium (as chromium polynicotinate)	60 mcg	50%
Proprietary Blend	467 mg	*
Inositol, Choline bitartrate, L-Methionine, L-Tyrosine, Alpha Lipoic Acid, Royal Jelly extract, Green tea ( <i>Camellia sinensis</i> ) leaf extract, Guarana ( <i>Paullinia cupana</i> ) seed extract, Kola Nut ( <i>Cola acuminata</i> ) seed extract, Yerba Mate ( <i>Ilex paraguariensis</i> ) leaf extract, Gymnema ( <i>Gymnema sylvestree</i> ) leaf extract, Cayenne ( <i>Capsicum annum</i> ), Pau d'Arco ( <i>Tabebuia avellanedae</i> ) bark, American Ginseng ( <i>Panax quinquefolius</i> ) root extract, Eleuthero ( <i>Eleutherococcus senticosus</i> ) root extract, Cinnamon ( <i>Cinnamomum verum</i> ) bark, Garcinia ( <i>Garcinia cambogia</i> ) fruit extract, Cascara Sagrada ( <i>Rhamnus purshiana</i> ) bark, Senna leaf ( <i>Senna alexandrina</i> ) extract, Slippery Elm ( <i>Ulmus rubra</i> ) bark extract, Yucca ( <i>Yucca glauca</i> ) root, Nopal ( <i>Opuntia ficus-indica</i> ), Apple cider vinegar.		

\*Daily Value not established.

Other ingredients: Gelatin, water.

**DIRECTIONS:** Take 1-2 capsules daily with some food, or as directed by a health-care professional.

**IMPORTANT:** Store container tightly closed in a cool, dry place. For adult use only. Keep out of children's reach. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

**QUALITY GUARANTEE:** Certified potency and purity. Satisfaction guaranteed.

**ALLERGEN STATEMENT:** This product does not contain any of the major food allergens: Milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts and soybeans (see [www.fda.gov](http://www.fda.gov)).

Phase Diets, Inc. • Clearwater • FL 33765  
Made in the USA • [www.PhaseDiets.com](http://www.PhaseDiets.com)  
Phase Diets and One Week are registered trademarks.

